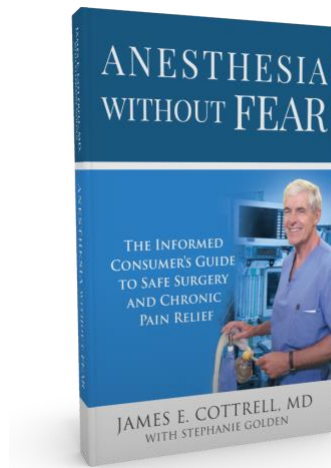


*“A must for anyone about to undergo surgery or
for any future anesthesiologist.”*

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Anesthesiology, and Neurology*



What happens when you go under the anesthesiologist’s mask? What are the risks of anesthesia, and how can you avoid them? What does an anesthesiologist do anyway, and how do they make sure you wake again after the surgery? In ***Anesthesia without Fear: The Informed Consumer’s Guide to Safe Surgery and Chronic Pain Relief*** (Good Outcomes Press, December 15, 2022, paper \$17.99, ebook \$3.99), one of the country’s leading anesthesiologists reveals what happens in the operating room, what these crucial doctors do to ensure your return to consciousness—and what patients can do to advocate for themselves.

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Readers about to face surgery for themselves or a loved one will find Cottrell’s stories, information, and advice invaluable as they advocate for the best care. The book is also an excellent resource for future anesthesiologists.

For more information, please contact Gail Torr: galaxymediagirl@gmail.com

"The master anesthesiologist deftly brings his reader into the world of the operating room. Dr. Cottrell explains how anesthesia works and how you as a patient can get the best of it."

~ Michael E. Zenilman, MD, professor of surgery, Weill Cornell Medicine; chief, department of surgery, New York Presbyterian Brooklyn Methodist Hospital.

About the Author



JAMES E. COTTRELL, MD, FRCA is a former President of the American Society of Anesthesiologists, Chairman Emeritus and Distinguished Professor of the Department of Anesthesiology at SUNY Downstate Health Sciences University, and the Gary and Sarah Sklar Professor at Health Science Center at Brooklyn. He is the author of more than one hundred articles in medical journals, including *The New England Journal of Medicine* and *The Lancet*. He was Editor-in-Chief of *The Journal of Neurosurgical Anesthesiology* from 1988 to 2017.

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